

MENU CYCLE 1

2018

April 23 - 29

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST <small>Egg Whites Available upon Request Daily</small>	Apple Cinnamon Oatmeal V	Chicken Congee	Hot Quinoa & Oat Cereal V	Baked Beans GF	Baked Banana Oatmeal		
	Cheese Omelets GF		Provencal Tomatoes	Belgian Waffles	Huevos Rancheros Breakfast Bowl		
	Leek & Parmesan Danish	Leek & Parmesan Danish	Belgian Waffles	Eggs: Scrambled & Fried to order GF	Eggs: Scrambled & Fried to Order GF		
	Texas French Toast	Blueberry Pancakes	Eggs: Scrambled, Fried to order GF	Sweet Potato Breakfast Hash V	Hash Brown Potatoes		
	Eggs: Scrambled, Hard Boiled, Fried to Order GF	Eggs: Scrambled & Fried to Order GF	*RWA Pork Sausage Links GF	Crispy Bacon GF	Crispy Bacon GF		
	Hash Brown Potatoes	Hash Brown Potatoes	Peameal Bacon GF	Turkey Bacon GF	Tyrkey Sausage Links GF		
	Smoked Ham GF	Crispy Bacon GF	Hash Brown Potatoes	Hash Brown Potatoes	Southwest Vegetable Toss V GF		
	Sausage Patty	Turkey Sausage Links GF	Ham Wafflewich	Bacon & Egg Muffin	Buenos Dias Breakfast Sandwich		
	Sausage & Egg Muffin	BLT Croissant (bacon, lettuce, tomato)	Meatless Wafflewich	Meatless Egg Muffin	(Ham, fried egg, pico de gallo, guacamole)		
	Meatless Egg Muffin	CLT Croissant (cheese, lettuce, tomato)			(Meat & Meatless)		
LUNCH	Interactive Caesar Salad GF	Interactive Fajita	Interactive Flatbreads	Interactive Grilled Italian Meat Sandwiches	Interactive Waffle	Smoothie Bar GF	Interactive Omelet GF
	Portobello Provolone Panini	White Cheddar Mac and Cheese	Middle Eastern Inspired Meatballs	Chicken BLT Pasta Bake	Hand Battered Haddock	Eggs Scrambled GF	Eggs Scrambled GF
	Chickpeas and Spinach V GF	Southwest Beans V GF	Four Cheese Tortellini Bake	Sticky Honey Garlic Pork Rib Bites	Chicken Skewer	Crispy Bacon GF	Pork Sausage Links GF
	Beef Burgundy Pot Pie	Garlic Biscuit	Spinach Artichoke Dip and Pita	Eggplant Caprese Pizza V GF	Pad Thai V GF	White Rice	Western Skillet
	Chicken Chow Mien	Corn Niblets V GF	Saffron Rice V GF	Forager's Pie V GF	Spring Roll	Malibu Vegetable Burger V	Pancakes
	Roasted Mediterranean Vegetables V GF	Mexican Summer Squash V GF	Tomato Basil Galette	Fresh Baby Carrots V GF	Rice V GF	Leek, Mushroom and Cheese Frittata GF	Chicken Fingers
	Fresh Steamed Broccoli V GF	Mexican Rice V	French Fries	Corn Niblets V GF	French Fries	Beef Burger	Veggie Fingers V
	French Fries	Sweet Potato Fries	Fresh Market Vegetable GF V	Mashed Potato GF	Green Beans with Tofu V GF	Baked Beans V GF	Egg Rolls
	White Rice V GF	Black Bean and Rice Burrito V	Middle East Feast Fries	Gravy	Roasted Cubed Sweet Potatoes V GF	Market Fresh Vegetables GF V	Mushroom Edamame Fried Rice V GF
					Hand Battered Haddock Sandwich	Fries	Snow Peas and Carrots V GF
DINNER	Pork Teriyaki Sauté	Brazilian Beef Bowl GF	Chicken (or Vegan) Shawarma Bowl V GF	Popcorn Chicken Bowl	Wicked Thai Chicken and Shrimp	Karage Chicken Bowl with Kimchi Slaw	Beef Shanghai Noodles
	Pasta Bar V GF	Chef's Choice Interactive	Interactive Burger Bar V	Stir-Fry Bar V GF			Salmon Carvery GF
	Moroccan Chicken Leg GF	Asian Style Beef Short Ribs GF	Showtime Sushi V GF	Beef Vidalloo GF	BBQ Pulled Pork Burrito	Chicken Parmesan	Pork Chops w Roasted Mushroom and Onion Sauce
	Braised Lamb Shank GF	Sweet Chili Chicken Breast GF	BBQ Chicken Wings	Chicken Drumsticks GF	Chipotle BBQ Braised Beef Ribs GF	Pasta with Alfredo or Tomato Sauce V	Roasted Mushroom Ravioli w Sautéed Mushroom and Onion Sauce
	Sautéed Haddock GF	Sweet Potato Noodle Stir Fry	Italian Sausage and Fennel Bake	Oven Roasted Basa GF	Roasted Chicken Breast Adobo GF	Meatballs	Chickpeas and Spinach V GF
	Moroccan Lentil Stew V	Kimchi Fried Rice GF	Quinoa Stuffed Peppers V	Navy Bean Curry with Kale V GF	Bean and Sweet Potato Ragout V GF	Firecracker Calamari Bites	Shepherd's Pie Bread Bowl
	Vegetable Cous Cous Pilaf V	Sticky Spicy Tofu V GF	Mushroom Caprese GF	Saag and Paneer GF	Bloomin Baked Potato GF	Herb Roasted Potatoes V GF	Onion Rings
	Mediterranean Style Potato V GF	Kimchi and Pork Dumplings	Twice Baked Potato GF	Bombay Potato V GF	Skillet Chili Lime Corn V GF	Sautéed Button Mushrooms V GF	Roasted Golden Beets V GF
	Roasted Butternut Squash w Parsley V GF	Garlic Mashed Red Skins GF	Green Beans V GF	Samosa	Mexican Rice	Mediterranean Vegetable Toss V GF	Wild Rice Medley V
	Snap Pea Sauté V GF	Baby Bok Choy V GF	Roasted Squash Wedges V GF	Basmati Rice V GF		Grilled Tofu with Bruschetta V GF	Mashed Yukon Golds GF
	Tri Colored Baby Carrot Medley V GF		Roasted Cauliflower V GF		Garlic Bread		
<i>*After Eight Dining*</i>	<i>*After Eight Dining*</i>	<i>*After Eight Dining*</i>	<i>*After Eight Dining*</i>	<i>*After Eight Dining*</i>	<i>*After Eight Dining*</i>	<i>*After Eight Dining*</i>	<i>*After Eight Dining*</i>
Chef's Daily Entrée Feature...	Chef's Daily Entrée Feature...	Chef's Daily Entrée Feature...	Chef's Daily Entrée Feature...	Chef's Daily Entrée Feature...	Chef's Daily Entrée Feature...	Chef's Daily Entrée Feature...	Chef's Daily Entrée Feature...
Appetizers & Side Dishes	Appetizers & Side Dishes	Appetizers & Side Dishes	Appetizers & Side Dishes	Appetizers & Side Dishes	Appetizers & Side Dishes	Appetizers & Side Dishes	Appetizers & Side Dishes
Signature Hot Sandwich	Signature Hot Sandwich	Signature Hot Sandwich	Signature Hot Sandwich	Signature Hot Sandwich	Signature Hot Sandwich	Signature Hot Sandwich	Signature Hot Sandwich
Daily Pizza & Flatbread Feature	Daily Pizza & Flatbread Feature	Daily Pizza & Flatbread Feature	Daily Pizza & Flatbread Feature	Daily Pizza & Flatbread Feature	Daily Pizza & Flatbread Feature	Daily Pizza & Flatbread Feature	Daily Pizza & Flatbread Feature

MENU SUMMARY

GF - GLUTEN-FREE **V - VEGAN**
***RWA - Raised WITHOUT Antibiotics**

Meatless 54% Seafood 9%
 Poultry 17% Beef 10%
 Pork 10%

Cycle 1 Menu Schedule 2018
 Jan 29 - Feb 4
 Mar 12 - 18
 April 23 - 29