### MENU CYCLE 3

#### 2018

**Monday**
- Apple Cinnamon Oatmeal
- Eggs: Scrambled & Fried to Order
- Texas French Toast
- Pork Sausage Patty
- Breakfast Burrito

**Tuesday**
- Steel Cut Oats
- Strawberry Mixed Berries
- Sausage
- Crispy Bacon
- Bacon & Egg Breakfast Muffin

**Wednesday**
- Granola & Fruit Bake
- Birch Bbq Las
- Granola & Fruit Bake
- Crispy Bacon
- Buttermilk Toast

**Thursday**
- Hot Quinoa & Oat Breakfast Cereal
- Mushroom & Vegetable Congee
- Soft Omelet
- Poached Eggs
- Greek Omelet

**Friday**
- Mushroom & Brown Rice
- French Toast Broiled
- Hard Boiled
- Baby Potato Pancakes
- Crispy Bacon

**Saturday**
- Mushrooms
- Hash Brown Potatoes
- Hash Brown Potatoes
- Poached Bacon
- Pork Sausage Links

**Sunday**
- Mushrooms & Brown Mushrooms
- Hash Brown Potatoes
- Hard Boiled
- Baby Potato Pancakes
- Crispy Bacon

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**BREAKFAST**

- Egg Whites Available upon Request Daily

**LUNCH**

- Tofu Bar
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- Sausage or Ham
- Sautéed Mushrooms
- Stuffed Mushrooms

**DINNER**

- Salmon Caviar with Creamy Cucumber Sauce
- Italian Saffron Baked
- Lentil and Carrot w Miso
- Crispy Roasted Chicken
- Crispy Roasted Turkey

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**MENU SUMMARY**

- Garden Fresh Catfish
- Fresh Fish
- French Fries
- French Fries

- Stuffed Mushrooms
- Mediterranean Vegetable Stuffed
- Crispy Roasted Turkey
- Crispy Roasted Turkey

- Hot Omelet
- French Omelet
- French Omelet
- French Omelet

- Sautéed Mushrooms
- Buttermilk Pancakes
- Crispy Bacon
- Crispy Bacon

- Scalloped Potatoes
- Scalloped Potatoes
- Scalloped Potatoes
- Scalloped Potatoes

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**Dining* After Eight**

- After Eight Dining
- After Eight Dining
- After Eight Dining
- After Eight Dining
- After Eight Dining

- Chef's Daily Entree Feature...
- Appetizers & Side Dishes
- Signature Hot Sandwich
- Daily Pizza & Flatbread Feature

- www.residedining.uwo.ca hospitalityservices@uwo.ca