<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steel Cut Oats</td>
<td>Chicken Congee GF</td>
<td>Blueberry Breakfast Bake</td>
<td>Steel Cut Oats V</td>
<td>Fruity Sunrise Porridge V</td>
<td>Eggs Scrambled GF</td>
<td>Eggs Scrambled GF</td>
</tr>
<tr>
<td>Baked Beans V GF</td>
<td>French Toast</td>
<td>Broccoli &amp; Cheddar Quiche</td>
<td>Chocolate Chip Pancakes</td>
<td>Warm Cinnamon Rolls V</td>
<td>Hash Brown Potatoes</td>
<td>Hash Brown Potatoes</td>
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<tr>
<td>Hash Brown Potatoes</td>
<td>Eggs: Scrambled &amp; Fried to Order</td>
<td>Western Skillet</td>
<td>Hash Brown Potatoes</td>
<td>Crispy Bacon GF</td>
<td>Crispy Bacon GF</td>
<td>Crispy Bacon GF</td>
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<tr>
<td>Eggs: Scrambled &amp; Hard Boiled</td>
<td>Eggs Hard Boiled GF</td>
<td>Eggs: Scrambled &amp; Fried to Order</td>
<td>Eggs: Scrambled, Fried to Order</td>
<td>French Toast</td>
<td>Pancakes</td>
<td>Pancakes</td>
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<tr>
<td>Turkey Sausage Links</td>
<td>Hash Brown Potatoes</td>
<td>Crispy Bacon GF</td>
<td>Crispy Bacon GF</td>
<td>Egg Hard Boiled</td>
<td>Crispy Bacon GF</td>
<td>Turkey Bacon</td>
</tr>
<tr>
<td>Ham &amp; Cheese Omlets GF</td>
<td>Peameled Bacon GF</td>
<td>Pork Sausage Patty</td>
<td>Pork Sausage Patty</td>
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<tr>
<td>Breakfast Club Melt</td>
<td>Breakfast Club Melt</td>
<td>Mediterranean Egg White Panini</td>
<td>Mediterranean Egg White Panini</td>
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<tr>
<td>Bacon &amp; Egg Breakfast Muffin</td>
<td>(French toast, fried egg, bacon, cheese)</td>
<td>Sausage &amp; Egg Breakfast Muffin</td>
<td>Sausage &amp; Egg Breakfast Muffin</td>
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</tbody>
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**Breakfast**
- Egg Whites Available upon Request Daily
- Daily Waffles

**LUNCH**

- Shawarma: Chorizo Sausage, Chicken Parm Sandwich, Gyro
- Battered Cauliflower Bites, Crispy Southwest Haddock, Piri Piri Drumsticks
- Mediterranean Vegetable Tart, Peas and Parner, Greek Pasta Toss
- Sautéed Broccoli w Kale and Garlic, Zucchini, Mediterranean Vegetable Tart
- Tri Coloured Carrot Medley V GF, Fries, Warm Naan Bread Pakora
- Shawarma, Burrito Bar V, Taco Tuesday Interactive V, Interactive Pizza Bar V
- Chicken Parm Sandwich, Interactive Waffle, Greek Slice V
- Mediterranean Vegetable Tart, Piri Piri Drumsticks, Sautéed Broccoli w Kale and Garlic
- Mediterranean Vegetable Tart, Fries, Warm Naan Bread Pakora
- Shawarma, Burrito Bar V, Taco Tuesday Interactive V, Interactive Pizza Bar V
- Chicken Parm Sandwich, Interactive Waffle, Greek Slice V
- Mediterranean Vegetable Tart, Piri Piri Drumsticks, Sautéed Broccoli w Kale and Garlic
- Mediterranean Vegetable Tart, Fries, Warm Naan Bread Pakora

**DINNER**

- Shawarma, Pasta Bar V, Fries, Warm Naan Bread Pakora
- Roasted Chicken Breast Adobo GF, Grilled Pork Chop, Chickpea Orzo w Rutid Garlic and Basil
- Shawarma, Pasta Bar V, Fries, Warm Naan Bread Pakora
- Roasted Chicken Breast Adobo GF, Grilled Pork Chop, Chickpea Orzo w Rutid Garlic and Basil
- Mediterranean Vegetable Tart, Fire Roasted Corn and Sweet Peppers V GF, Roasted Squash Wedges V GF, Roasted Rice Wedges Chicken, Oven Roasted Yukon Gold Wedges GF

**Meatless Breakf ast Muffin**
- Mediterranean Egg White Panini, Meatless Breakfast Muffin (Meat & Meatless)

**Lunch**
- Shawarma: Chorizo Sausage, Chicken Parm Sandwich, Gyro
- Battered Cauliflower Bites, Crispy Southwest Haddock, Piri Piri Drumsticks
- Mediterranean Vegetable Tart, Peas and Parner, Greek Pasta Toss
- Sautéed Broccoli w Kale and Garlic, Zucchini, Mediterranean Vegetable Tart
- Tri Coloured Carrot Medley V GF, Fries, Warm Naan Bread Pakora
- Shawarma, Burrito Bar V, Taco Tuesday Interactive V, Interactive Pizza Bar V
- Chicken Parm Sandwich, Interactive Waffle, Greek Slice V
- Mediterranean Vegetable Tart, Piri Piri Drumsticks, Sautéed Broccoli w Kale and Garlic
- Mediterranean Vegetable Tart, Fries, Warm Naan Bread Pakora
- Shawarma, Burrito Bar V, Taco Tuesday Interactive V, Interactive Pizza Bar V
- Chicken Parm Sandwich, Interactive Waffle, Greek Slice V
- Mediterranean Vegetable Tart, Piri Piri Drumsticks, Sautéed Broccoli w Kale and Garlic
- Mediterranean Vegetable Tart, Fries, Warm Naan Bread Pakora

**Dinner**
- Shawarma, Pasta Bar V, Fries, Warm Naan Bread Pakora
- Roasted Chicken Breast Adobo GF, Grilled Pork Chop, Chickpea Orzo w Rutid Garlic and Basil
- Shawarma, Pasta Bar V, Fries, Warm Naan Bread Pakora
- Roasted Chicken Breast Adobo GF, Grilled Pork Chop, Chickpea Orzo w Rutid Garlic and Basil
- Mediterranean Vegetable Tart, Fire Roasted Corn and Sweet Peppers V GF, Roasted Squash Wedges V GF, Roasted Rice Wedges Chicken, Oven Roasted Yukon Gold Wedges GF

**Menu Summary**
- **GF - Gluten Free**
- **V - Vegan**
- **Meatless** 54%
- **Seafood** 9%
- **Poultry** 17%
- **Beef** 10%
- **Pork** 10%

**Contact Information**
- www.residedining.uwo.ca
- hospitalityservices@uwo.ca