

MENU CYCLE 6

2019 (APRIL 29 - 30)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
BREAKFAST Egg Whites Available upon Request Daily	Steel Cut Oats V Eggs: Scrambled & Fried to Order GF Hard Boiled GF Potato Pom Poms Pork Sausage Links GF Crispy Bacon GF Buenos Dias (w/ Ham) Meatless Buenos Dias (Egg, gaucamole, pico de gallo)	Apple Crisp Texas French Toast Eggs: Scrambled & Fried to order GF Eggs Hard Boiled GF Hash Brown Potatoes Crispy Bacon GF Pork Sausage Links GF Breakfast Burger Meatless Breakfast Burger	Fruity Sunrise Porridge V Sautéed Mushrooms V GF Eggs: Scrambled GF Western Omelet GF Hash Brown Potatoes Crispy Bacon GF Pork Sausage Patty Sausage & Egg Croissant Meatless Egg Croissant	Steel Cut Oats V Buttermilk pancakes Eggs: Scrambled & Fried to Order GF Hash Brown Potatoes Crispy Bacon GF Turkey Bacon GF Ham & Swiss Breakfast Panini Mediterranean Egg White Panini	Mushroom & Vegetable Congee V GF Warm Cinnamon Rolls Eggs: Scrambled & Fried to Order GF Eggs Hard Boiled GF Hash Brown Potatoes Crispy Bacon GF Turkey Sausage Links GF Breakfast Burritos (Meat & Meatless)	Eggs Scrambled GF Crispy Bacon GF Hash Brown Potatoes	Eggs Scrambled GF Pork Sausage Links GF Hash Brown Potatoes	
	LUNCH	Wing Bar Souvlaki and Falafel V Battered Cauliflower bites Comforting Cracker Crusted Cod Fennel Crusted Pork Chops GF Black Bean Simmer V Creamy Vegan Green Bean Casserole V Noodle Sauté w Carrots and Onions Snow Peas and Carrots V GF Mashed Sweet Potatoes Fries	Taco Tuesday Interactive V Roasted Turkey Club Sandwich Sweet and Sour Pork Chicken Drumsticks GF Italian Quinoa w Tofu V Eggplant Caprese Pizza GF Penne al Forno Broccoli V GF Rice V GF Potato Wedges	Fajita Bar V Burger and Malibu Burger Samosa Butter Chicken GF Beef Shepherds Pie GF Roadside Curried Chickpeas V GF Four Cheese Tortellini Bake Indian Spiced Cauliflower V GF Petite Peas V GF Basmati Rice V GF Fries Warm Naan Bread	Interactive Grilled Cheese BBQ Pulled Turkey Sandwich Mexican Braised Beef Stew Chorizo Sausage veg Toss Dr Pepper Baked Beans GF V Vegetable Enchilada w Red Enchilada Sauce V White Cheddar Mac and Cheese Corn Niblets V GF Southern Succotash V GF Mexican Rice V Sweet Potato Fries	Interactive Grilled Cheese Portobello Mushroom Beef Burger Shake and Bake Pork Chops Dynamite Chicken Sweet Ginger Tofu with Pak Choi V GF Hand Battered Haddock Stuffed Cheese Rigatoni Fresh Market Vegetable V GF Miso Roasted Cauliflower V GF Jasmine Rice V GF Fries Smoothies GF	Interactive Waffle Roast Beef on a Bun Ginger Beef Chicken Pot Pie Meatless Bean Goulash V Eggs Scrambled GF Sautéed Carrots V GF White Rice V GF Potato Wedges Crispy Bacon GF Western Skillet	Interactive Omelet GF Chorizo Sausage Orange Ginger Chicken Pork Sausage Links GF Tuscan Beans w Rosemary GF V Eggs Scrambled GF Cheese Tortellini w Sundried & Fresh Tomato Salsa Roasted Red Peppers w Tomatoes V GF Brussel Sprout and Bacon Sauté GF White Rice V GF French Fries
DINNER		Pasta Bar V GF Souvlaki and Falafel V Grilled Chicken Breast w Creole Sauce GF Balsamic Rosemary Steak Tips GF Creole Vegetable Jambalaya V GF Baton Rouge Vegetable V GF Fresh Market Vegetable V GF Whole Grain Rice V GF French Onion Mashed Potato GF Onion Rings	Roasted Turkey Club Sandwich Grilled Chicken Thighs w Thai Green Curry Sauce GF Whole Rainbow Trout w Lemon & Thyme Grilled Thai Style Tofu GF Striploin Steak GF Chicken Pad Thai GF Glazed Carrots V GF Roasted Sweet Potato V GF Coconut Rice V GF Roasted Herb Potatoes V GF Potstickers	Eggs Benny Interactive Burger and Malibu Burger Chicken Cordon Bleu GF Mussels GF Ratatouille Tofu V GF Cremeni Mushroom Wellington V Meatball Ravioli Bake Summer Squash Sauté V GF Fire Roasted Corn and Sweet Peppers V GF Dauphenoise Potato GF	Stir-Fry Bar V GF BBQ Pulled Turkey Sandwich Fried Chicken Sicilian Sole GF Crispy Tofu w Broccoli Pesto Sauce V Mediterranean Vegetable Lasagna GF Roasted Carrots & Red Onions with Fennel and Mint V GF Grilled Portobello Mushrooms V GF Garlic Bread Salt n Pepper Wedges	Portobello Mushroom Beef Burger Arros con Polo GF Broiled Salmon w Creamy Spinach Filling Quinoa Stuffed Peppers V Mexican Pasta Bake Roasted Sweet Potato V GF Mediterranean Vegetable Toss V GF Roasted Baby Red Skin Potatoes V GF	Roast Beef on a Bun Chicken Parmesan Herb Crusted Pork Chops GF Squash and Barley Risotto V Mediterranean Vegetable Penne V GF Green Beans V GF Zucchini & Tomato w Roasted Garlic GF Garlic Mashed Red Skins V GF Bruschetta	Chorizo Sausage Rosemary Roasted Chicken Breast GF Florentine Meatloaf Smokey Vegetable Feijoada V GF Glazed Ham GF Roasted Mushroom Ravioli w Sautéed Mushroom and Onion Sauce Honey Roasted Butternut Squash w Cranberries & Feta GF Ranch Baby Carrots V GF Mediterranean Style Rice GF Scalloped Potatoes
		<p>*After Eight Dining* Chef's Daily Entrée Feature... Appetizers & Side Dishes Signature Hot Sandwich Daily Pizza & Flatbread Feature</p>						

MENU SUMMARY

GF - GLUTEN-FREE
V - VEGAN

Meatless	54%	Seafood	9%
Poultry	17%	Beef	10%
Pork	10%		

Cycle 6 Menu Schedule 2019
 FEB 4 - 10
 MAR 18 - 24
 APRIL 29 - 30